

# QUESTIONS AND ANSWERS ABOUT THE SABBATH DAY

BY CONRAD BARRETT

## 1. To commemorate the resurrection of Jesus Christ.

**Matthew 28:1:** “In the end of the Sabbath, as it began to dawn toward the first day of the week, came Mary Magdalene and the other Mary to see the sepulcher.”

**Mark 16:9:** “Now when Jesus was risen early the first day of the week, He appeared first to Mary Magdalene, out of whom He had cast seven devils.”

Jesus manifested, Himself, to His followers on the first day of the week right after He was risen from the dead. (Scriptural references: Matthew 28:1; Mark 16:9; John 20:1, 19, 26.)

### **Matthew 28:1**

**1** In the end of the Sabbath, as it began to dawn toward the first day of the week, came Mary Magdalene and the other Mary to see the sepulcher.

### **Mark 16:9**

**9** Now when Jesus was risen early the first day of the week, he appeared first to Mary Magdalene, out of whom he had cast seven devils.

### **John 20:1**

**1** The first day of the week cometh Mary Magdalene early, when it was yet dark, unto the sepulcher, and seeth the stone taken away from the sepulcher.

### **John 20:19**

**19** Then the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled for fear of the Jews, came Jesus and stood in the midst, and saith unto the, Peace be unto you.

### **John 20:26**

**26** And after eight days again his disciples were within, and Thomas with them; then came Jesus, the doors being shut, and stood in the midst, and said, Peace be unto you.

## 2. It is interesting to note that Jesus ignored completely the Old Jewish Sabbath. The first day of the week became prominent as the resurrection day.

## 3. The outpouring of the Holy Spirit came on Sunday. Pentecost was the first day after seven Jewish Sabbaths. (Acts 2:1; Leviticus 23:15-21.)

### **Acts 2:1**

**1** And when the day of Pentecost was fully come, they were all with one accord in one place.

### **Leviticus 23:15-21**

**15** And ye shall count unto you from the morrow after the Sabbath, from the day that ye brought the sheaf of the wave offering; seven Sabbaths shall be complete:

**16** Even unto the morrow after the seventh Sabbath shall ye number fifty days; and ye shall offer a new meat offering unto the LORD.

**17** Ye shall bring out of your habitations two wave loaves of two tenth deals: they shall be of fine flour; they shall be baked with leaven; they are the firstfruits unto the LORD.

**18** And ye shall offer with the bread seven lambs without blemish of the first year, and one young bullock, and two rams: they shall be for a burnt offering unto the LORD, with their meat offering, and their drink offerings, even an offering made by fire, of sweet savour unto the LORD.

**19** Then ye shall sacrifice one kid of the goats for a sin offering, and two lambs of the first year for a sacrifice of peace offerings.

**20** And the priest shall wave them with the bread of the firstfruits for a wave offering before the LORD, with the two lambs: they shall be holy to the LORD for the priest.

**21** And ye shall proclaim on the selfsame day, that it may be a holy convocation unto you: ye shall do no servile work therein: it shall be a statute for ever in all your dwellings throughout your generations.

#### **4. Both the resurrection of Jesus and the outpouring of the Holy Spirit happened on Sunday.**

**5. Jesus and the Apostles did not command us to keep the Old Jewish Sabbath, but did command all men no to be bound by any particular day. Christians are to keep every day by serving the Lord and by doing that which is right in God's sight and by being a Christian example before all people. (Scripture references: Romans 14:5-6; Galatians 5:9-11; Colossians 2:16.)**

#### **Romans 14:5-6**

**5** One man esteemeth one day above another: another esteemeth every day alike. Let every man be fully persuaded in his own mind.

**6** He that regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks.

#### **Galatians 5:9-11**

**9** A little leaven leaveneth the whole lump.

**10** I have confidence in you through the Lord, that ye will be none otherwise minded: but he that troubleth you shall bear his judgment, whosoever he be.

**11** And I, brethren, if I yet preach circumcision, why do I yet suffer persecution? Then is the offence of the cross ceased.

#### **Colossians 2:16**

**16** Let now man therefore judge you in meat, or in drink, or in respect of a holyday, or of the new moon, or of the Sabbath days:

**6. The early followers of Christ did keep Sunday as their day of worship.** (Matthew 28:1; Mark 16:9; John 20:1, 19, 26; Acts 20:7; 1 Corinthians 16:2; Revelation 1:10.)

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**Acts 20:7**

7 And upon the first day of the week, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight.

**I Corinthians 16:2**

2 Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come.

**Revelation 1:10**

10 I was in the Spirit on the Lord's day, and heard behind me a great voice, as of a trumpet.

**7. The Old Jewish Sabbath was a changeable Sabbath, changing at Pentecost every year to one year later until every day of the week was observed every seven years. Pentecost was the first day after the seventh Sabbath. (Leviticus 23:15-21.)**

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21 And ye shall proclaim on the selfsame day, that it may be an holy convocation unto you: ye shall do no servile work therein: it shall be a statute for ever in all your dwellings throughout your generations.

**8. God honored Sunday when giving the book of Revelation. (Revelation 1:10)**

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10 I was in the Spirit on the Lord's day, and heard behind me a great voice, as of a trumpet.

**9. Constantine and the Pope did not change the Sabbath, 321, and 364 A.D. Constantine did make Sunday the Christian Sabbath since they had already observed it for almost 300 years.**

**10. It is clear that many Christians worshipped on Sunday, some on Saturday and they worshipped on other days as well.**

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